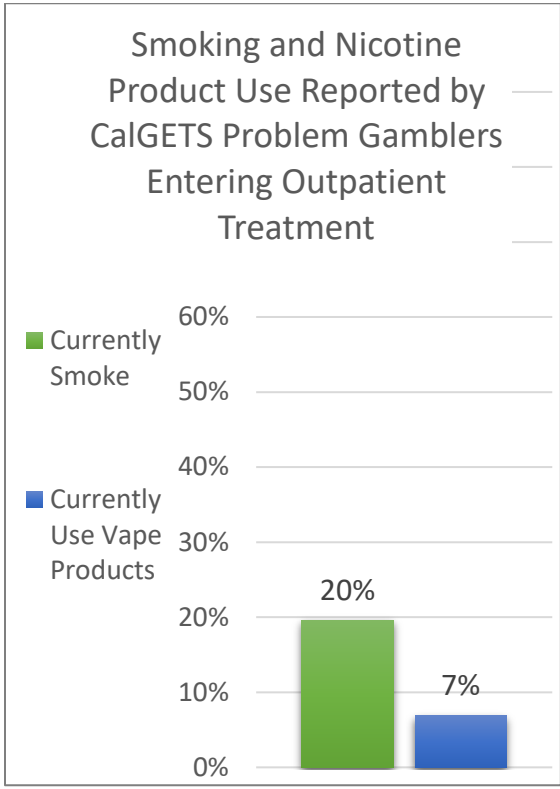
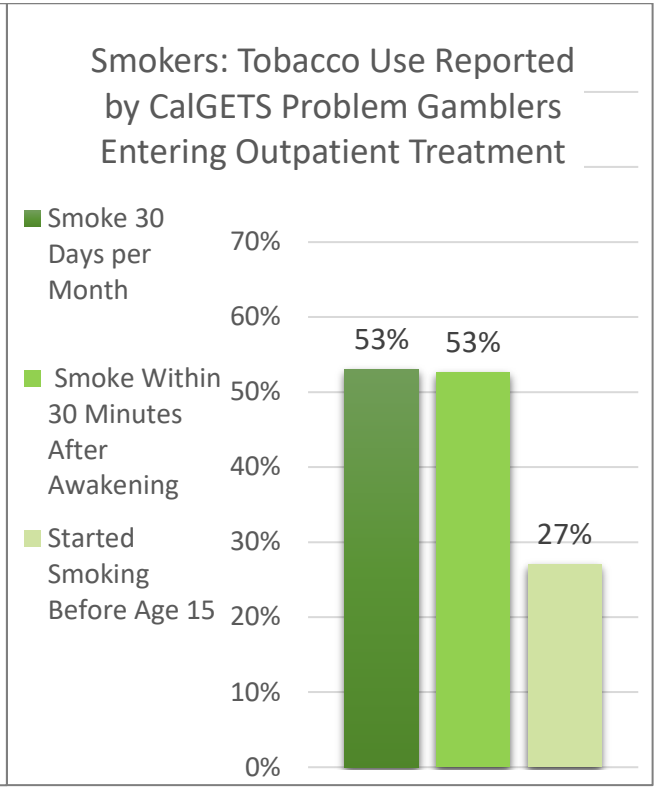
CalGETS Fast Facts

Details on Smoking and Nicotine Product Use by Problem Gamblers

April 2024





Sources – *Gamblers*: CalGETS Annual Treatment Services Report Fiscal Years 2022-23, prepared for the California Department of Public Health, Office of Problem Gambling (OPG) by the University of California Los Angeles Gambling Studies Program (UGSP). Outpatient FY 2022-23 N=545.
Time to first cigarette: Sung, B. (2019). Time to first cigarette and self-reported health among US adult smokers. *Tobacco Use Insights, 12,* 1-7.

At treatment entry, CalGETS problem gamblers are asked a series of questions about their current smoking and use of other nicotine products.

In Fiscal Year 2022-23, 20% of gamblers reported that they currently smoke, nearly twice the state average of 11%. In addition, 7% reported use of e-cigarettes or vaping products.

Of gamblers who smoke, 53% report smoking every day.

Time to first cigarette is an important indicator of nicotine addiction and of the health consequences of smoking. 53% of gamblers who smoke reported smoking their first cigarette within 30 minutes of waking.

27% of gamblers who smoke started smoking before age 15.

If you or someone you know has a gambling problem, call 1-800-GAMBLER. ☼ No-cost treatment is available through CalGETS.